

Senior Tutor for 3rd year students

Information and Overview
Dr Maria Valera-Espina
Senior Tutor

Slides based on Prof Duncan Gillies
Updated October 2015

Pastoral care

- You **must** contact me in the following situations:
 - If you are ill:
 - Telephone or email me if you are sick more than two days.
 - Bring a medical note if you are absent over five days.
- If you have difficulties affecting your study, eg:
 - long term health problems, depression, financial difficulties, personal problems, accomodation,etc.
- If you are absent for more than two working days from college during term for any reason.
- You are contemplating leaving or transferring to another course.

Things to know

- The key to success is good self-organisation and balance.
 - Registry to e-service.
 - If you want to transfer to BEng or MEng, speak with senior tutor **asap**.
 - Organise your time well, third year is mostly about **time management**.
 - Be self critical - make a realistic appraisal of what you can do and don't know.
 - If you feel stress out or not good with yourself, talk with your friends, family or colleagues, personal tutor or senior tutor. Do not hold it inside.